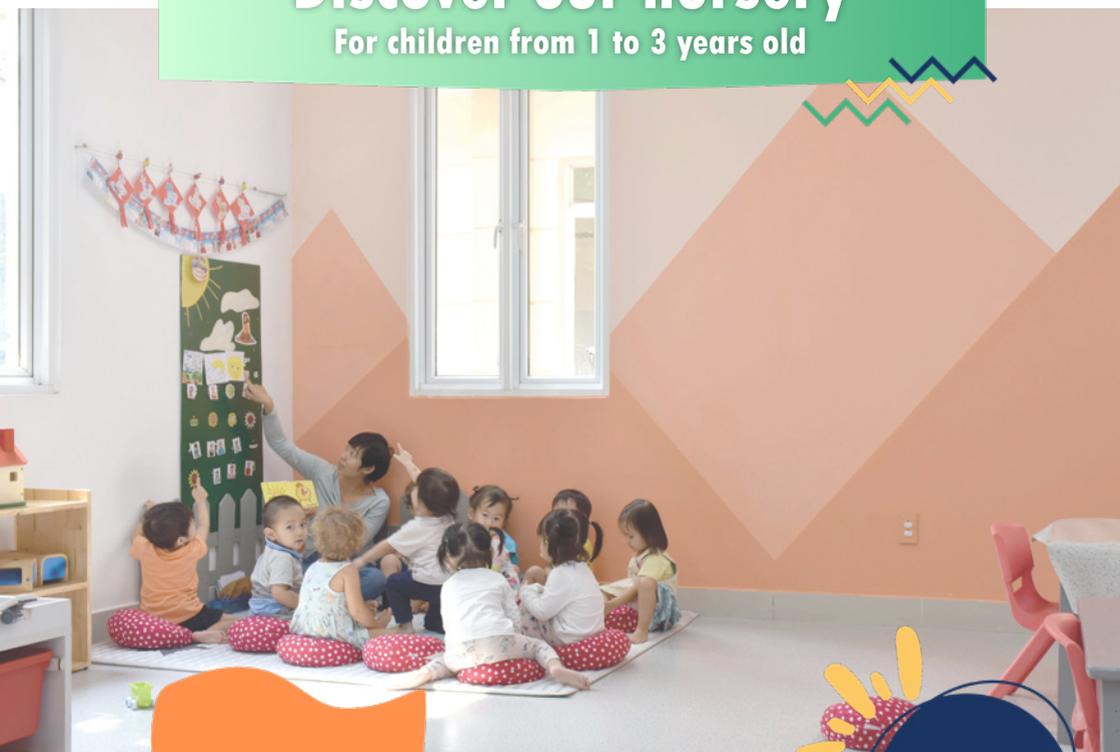


Discover our nursery

For children from 1 to 3 years old



La Petite Ecole Ho Chi Minh City
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Welcome to La Petite Ecole Ho-Chi-Minh, located in the heart of the Thao Dien district of Ho-Chi-Minh City, where we warmly welcome children from **1 to 11 years old**, from nursery to primary school.

As part of the **Odyssey group**, we are committed to combining the excellence of French education with the values of tolerance and openness that are characteristic of international educational environments.

ODYSSEY

EDUCATION

We pride ourselves on providing an excellent education while promoting a multilingual approach, from the age of 1, with our nursery located on the same campus as our primary school.

Our nursery curriculum

Our nursery welcomes children aged 12 months and over from Monday to Friday, from **7.30am to 4.30pm**.

When registering, parents can choose between two options:

- 5 mornings a week
- 5 full days a week

We offer children the chance to experience life in a group, where everyone can find their place in a **harmonious, secure and fulfilling environment**. Our pedagogy is child-centered, which means that the child's well-being, safety and happiness are fundamental to La Petite Ecole nursery.

We have three possible groups in our nursery:

- The "medium" group: 1 to 2 years old
- The "mixed" group: 1 and a half to 2 and a half years old
- The "older" group: 2 to 3 years old



We work around **3 skill areas**, which we adapt to the pace of each child:



1
Language development

La Petite Ecole nursery is a **French-speaking nursery**. Our nursery educators and assistants all speak French. Language development takes place at several points:

● **Morning rituals:** Each day begins with rituals, including nursery rhymes and songs. These activities help to develop auditory memory, pronunciation and linguistic comprehension. They also introduce children to the structure and sounds of languages, which is essential for language development.

● **The importance of communication:** La Petite Ecole encourages communication from an early age. Educators and assistants encourage children to express their needs, emotions and thoughts. This strengthens their ability to communicate clearly and effectively.

● **Learning through activities:** Learning takes place in an active and engaging way. Activities such as play, music, cooking, drawing, reading and other artistic activities promote language development by creating opportunities for children to talk, ask questions and understand the answers.

● **Learning through play:** Imitation games, board games and play activities are used to improve language skills. Children are encouraged to communicate and negotiate with their peers, which strengthens their ability to use language functionally.



The nursery is children's **first experience of life in a group**, and their first introduction to socialization. The day-to-day organization of the nursery is designed to help children adapt to life together.



2
Social skills development



3
Psychomotor skills development

For fine motor skills, the children have a **variety of activities every day**: modelling clay, sorting with their fingers or tongs, various and varied construction games, painting, chalk drawings. We also teach them how to draw and handle a pen, felt-tip pen or coloured pencil.

Then, to work on motor skills, the **children have 30 minutes of sport a day**. The children do different activities each day to practise their motor skills. La Petite Ecole has dedicated motor rooms where children can learn to stand up, bend down, jump, balance and so on.

Once a week, sports for the nursery will take place in the sandpit and/or the paddling pool.



A day in the nursery



In the afternoon, after the nap, the **different nursery groups are grouped together**: the children under 2 stay on to do workshops with the nursery educators, while the children aged 2-3 do workshops with our English educator.

Our educators also prepare the children for life after nursery, i.e. Early Years school, by teaching them to be increasingly independent: hand-washing, cleanliness, dressing, tidying up (after meals and/or in the playrooms), etc.

A child-centered pedagogy

Differentiated teaching is at the heart of our educational approach at La Petite Ecole. We adapt our teaching methods to meet the individual rhythms and needs of each child.

Similar projects and adapted activities

Although children of different ages may work on similar projects, **the activities are specially adapted to their abilities** and level of development.

This ensures that each child is stimulated appropriately and can **progress at his or her own pace**.

Space planning

The spaces in our nursery are designed to cater for **the heterogeneity of the pupils**.

This means that every corner of the nursery is **designed to encourage play, exploration and learning** in a way that is adapted to the age and needs of each child.

Group size

To ensure individual attention and quality interactions, we limit the number of children per group. Groups with the youngest children (1-2 years) are made up of up to **12 children**, and groups with the oldest children (2-3 years) are made up of a maximum of **14 children**.

Each nursery group is supervised by a **nursery educator and an assistant** (+ an additional assistant when needed) in order to comply with the ratios recommended by French regulations on early childhood facilities.



A progressive adaptation

For toddlers and parents alike, starting nursery is a crucial step. That's why La Petite Ecole has put in place an adaptation week carefully designed to ensure a **smooth transition for the whole family**. Here are the details of how we organise this week.

Individual meeting

This is organised between the parents, the nursery educator and the child before the adaptation week. This meeting is **an opportunity for everyone to get to know each other** and create a warm initial bond.

It is also an opportunity for parents to share important information, such as their child's little habits, possible allergies or development in certain areas.

Parents accompany their children to class, where they spend an hour with them, surrounded by other children. This day, without separation, allows the children to get used to the nursery environment while their parents are present.

Day 1

Day 2

The parents accompany the child again, but this time for a shorter period of around 30 minutes. This is followed by a **short separation of around 30 minutes**, allowing the children to begin acclimatising to short periods without their parents.

The parents participate again, this time for only a few moments. Then there is a **separation of about an hour**.

Day 3

This gradual step is designed to build the child's confidence in the educator.

Day 4

Parents accompany their children as on previous days, but the separation lasts about two hours.

This day is spent in a larger group, gradually preparing the children to be more independent.

Parents simply drop their children off in the morning.

The little ones stay in the nursery for the morning and have lunch there. This day marks the end of the adaptation week, preparing the children to enter fully into their routine at La Petite Ecole.

Day 5

What should I bring for a day at nursery?

Each child will be asked to bring this list of items with them to the nursery.

● A **small backpack**. Don't forget to attach a label with your child's name, address and telephone numbers;

● **Nappies** and **diaper cream** (if necessary);

● Washable or disposable **swimming pool nappies** ;

● A change of **clothes** ;

● A **reusable bag** for dirty things ;

● A **hat** or **cap** and a swimming suit (which we will keep at school) ;

● **Mosquito spray** ;

● **Sun cream** ;

● **Water bottle** (returned each evening and put back in the bag each morning);

For the nap:

● A **sheet** or **light blanket** ;

● A **cuddly toy** ;

● A **dummy** (if necessary)



Nutrition in our nursery

At La Petite Ecole, we attach great importance to the nutrition of our little ones.

We do not serve breakfast at school, so parents are advised to have their children eat breakfast before bringing them to the nursery in the morning. We do not provide a morning snack before lunch.

Lunch is scheduled from 10:45 (for the youngest children) and is a key part of the day. Our nursery children have the chance to share this meal with their educators and group assistants, which boosts their confidence and creates a warm environment.

We have set up a dedicated **canteen area close to their classroom to minimise travel**.



All meals are prepared on site in our main canteen by **our chef, using fresh ingredients**.

We offer a wide variety of meals with **7 menus in total**, which rotate each week.

Each week we offer **2 Vietnamese recipes, 2 Western recipes and, every other week, a vegetarian recipe**. If your child has food allergies or special dietary needs, our chef will adapt the menus accordingly.

La Petite Ecole
LEUCHMANN CITY

Menu rose / Pink menu / Menu màu hồng 4

	Entrée + Plat principal Súp lơ + Món chính Khẩu vị + Món chính	Dessert Dessert Tráng miệng	Goûter après-midi Afternoon snack Bữa xế
LUNDI MONDAY THỨ HAI	Tofu crémoulle et riz + salade de brochettes Lemongrass tofu and rice + Buttered soup Cơm chiên bò chần sả + Súp bí đỏ	Yaourt sans sucre / Fruit Sugar free yogurt / fruit Sữa chua không đường / trái cây	Crêpe de sarrasin au fromage Buckwheat crepe w/ cheese Bánh crepe bột mỳ Phô mai
MARDI TUESDAY THỨ BA	Salade de betteraves + escalope de poulet grillée gratin de courgette Braised beef + chicken breast / roasted gratin Salát củ cải đỏ gà nướng / sốt kem phô mai	Fat breton Brittany flan with fruits Bánh flan Breton	Sorbet aux fruits Fruit sorbet Kem trái cây
MERCREDI WEDNESDAY THỨ TƯ	Porc grillé aux verticillies + salade de jardin Grilled pork with vermicelli + Mixed salad Bò nướng sốt bơ / Xả lít	Gâteau au chocolat sans sucre No sugar added chocolate cake Bánh Ca rô sô cô la không đường	Parfait aux fruits Fruit parfait cake Bánh parfait trái cây
JEUDI THURSDAY THỨ NĂM	Potage de légumes + spaghetti à la Bolognaise Veggie soup + spaghetti bolognese Súp rau củ + Spaghetti sốt Bolognaise	Yaourt sans sucre / Fruit Sugar free yogurt / fruit Sữa chua không đường / trái cây	Compote / biscuit sans sucre Fruit puree / sugar free biscuit Trái cây nghiền / bánh quy không đường
VENDREDI FRIDAY THỨ SÁU	Poisson sauce l'huas ngot / riz complet Fish l'huas ngot sauce / brown rice Cá chần sốt huas ngot / Cơm gạo nguyên cám	Fruit de saison Seasonal fruit Trái cây theo mùa	Pain complet / fromage Wholewheat bread / cheese Bánh mì ngot sữa / phô mai

Finally, your child will be offered a **snack** every afternoon from 3pm.

An environment dedicated to children's well-being

At La Petite Ecole, we are committed to providing the best possible environment for **your children to flourish**.

Our nursery rooms are designed to be spacious, light and airy, providing a comfortable space for learning and playing. We also have a dedicated nap room where they can rest peacefully.



We have also ensured that **the outdoor space is rich in possibilities**. Our campus has a **green garden** where children can explore nature and develop their creativity. We have **motor rooms** equipped to stimulate the physical development of our students. A **padding pool** and **sandpit** are also available for play and physical activity.



From Early Years school onwards, children can also take advantage of our **23-metre swimming pool** to develop their swimming skills in a safe and supervised environment.

Primary school pupils also have dedicated areas such as a **football pitch**, an **auditorium** and **well-stocked libraries** to encourage a passion for reading in our pupils.

Your children's health: our priority

At La Petite Ecole, the **health and well-being of our pupils is our priority**. To ensure their safety, we have a **dedicated school nurse** available to meet the medical needs of every child.



In addition, we are aware of concerns about **air quality**, which is why we have put **measures in place to counter pollution**.

Our nurse checks the level of air pollution every morning and acts accordingly.

If the pollution is too high, all outdoor activities will be suspended until the level drops.

We also have **air purifiers** on our premises to ensure the healthiest possible environment.



Regular disinfection of toys and furniture is standard practice at our facility to minimise the risk of spreading disease.

In addition, we have **strict protocols in place for dealing with infectious disease situations**, to ensure the safety of all our students.

Extra-services

At our nursery, we understand that parents need **flexible solutions** to meet their childcare needs. That's why we offer a range of **additional services** to support your family, ensuring your child's care and education extend beyond the standard school hours.

Holiday Daycare Service

We offer a Holiday Daycare Service during our school holiday camps, designed for families needing extra support.

Flexibility: Choose the exact days and times that work for you.

Half-day or Full-day options: Whether you need a full day's care or just a few hours, we've got you covered.

Same familiar environment: Your child will stay at school with our nursery educators, enjoying playful and enriching activities.



School Bus Service

For added convenience, we offer a School Bus Service for both pick-up and drop-off at the end of the full school day. Designed with safety in mind, this service is available to nursery students who are enrolled in full-day programs.

End-of-day transport: Please note that the bus service is available only at the end of the full school day. Half-day students cannot benefit from this service.

Real-time tracking app: For peace of mind, we use a tracking app that allows parents to follow their child's location in real time while they are on the bus.

Safety requirement: To ensure your child's safety, parents are required to provide a baby seat for the bus journey.

Meet our nursery educators!



Manon LEDUC
Les P'tits Ouisstis Nursery Group

Coming from a family of teachers who passed on humanist values to me, my vocation was an obvious one: to accompany and care for the future citizens of tomorrow. After obtaining my diploma in early childhood education in the west of France, where I'm originally from, I spent 7 years building up my professional experience in Paris, working in open-air nurseries, pre-schools and voluntary organisations. With a passion for travel, I wanted to enrich my career in a multicultural context.

Born in Vietnam in 1984, I spent my childhood in a small village before moving to France at the age of 21, where I worked in a non-profit nursery (Emerainville, 93) and passed my childcare auxiliary diploma. Once I had my diploma, I worked in Paris for 6 years before returning to Vietnam to practise the profession that I love so much. My first job was in Thao Dien, in the Bambou Bulles nursery, which became La Petite Ecole.



Cam DANG
Les P'tits Loups Nursery Group

I qualified as a nurse in 2012 and after 3 years' experience in France, I decided to fly to Asia in 2015. Ever since I was a little girl, I've been passionate about discovering other cultures and other ways of life. After several months travelling around Asia, I felt the need to get back to what really mattered to me: child development and the help I can give parents. That's why I joined La Petite Ecole in September 2018.



Noëlie DEROUET
Les P'tits Chats Nursery Group

I have a master's degree in Education Sciences from the Université Libre de Bruxelles. I have been teaching young children for 5 years as an English-speaking Nursery Educator. I have had the opportunity to explore and work with international and bilingual English-French schools in Belgium. Whatever philosophy the school follows, for me the most important thing is to create an environment in which the children feel safe, secure, loved and belong.



Minh LUU
Les P'tits Lions Nursery Group



Communication with nursery educators

At La Petite Ecole, we understand **how important it is for parents to stay connected to their child's life**, even during their time at nursery. That's why we've set up a dedicated communication app (Class Dojo) that allows you to follow your child's activities at the nursery through photos and messages once a week.



This application also **facilitates communication with our teaching team**. You can easily discuss and contact the nursery educators and administration with any questions, concerns or information you wish to share.

We strongly believe in **transparency** and **collaboration** between the school and parents, and this app is one of our ways of putting that into action. It allows you to stay informed and in touch with us, strengthening our partnership for the well-being and development of your child.



Testimonials from our families

Our experience with La Petite Ecole is excellent. My son is French-Vietnamese, 21 months old and currently in Nursery program of La Petite Ecole. The teachers (Ms. Manon and Ms. Nguyet) are dedicated, attentive, yet warm and thoughtful. We feel secure when our son is taken care of by them.

My son has gradually adapted with the school environment, happily and actively participated in various activities in his class. After almost 2 months, he speaks more words, knows more sign language, and is more independent.

My son is occupied with several different interesting activities are held everyday in school: cooking, swimming, music, story-telling, English class... and other motion/skill related activities...

Overall, we can definitely say that my son is well taken care of, has visible positive progress, and importantly he is happy in school.

Hoang Nam's parents

My son has joined La Petite Ecole for 2 years now. Also, his cousin also studied at La Petite Ecole for 3 years before he moved to Singapore.

I consider La Petite Ecole as a best option for toddlers. The school's landscape is nice and cozy, the teachers are good, caring and friendly. The food is also delicious (my child really loves it). Indeed, the French educational styles are suitable for my child's directional growth.

Khoi Nguyen's parents

My daughter is a very sensitive baby girl and I was worried how she would adapt to a new environment. But the well-designed adaptation process was going very well for us. Ms. Manon, Ms. Nguyet and Ms. Quyen are wonderful with their warm heart and love for children. I feel very grateful and secured with my baby girl being at La Petite Ecole.

Lagi's parents

After the nursery



As your child grows, he will transition to **Early Years** after nursery. Here's what to expect when you and your little one will take the next step in your **educational journey** at La Petite Ecole.

A full day at school

In the Early Years program, your child will experience a full school day, running **from 8:30 AM until 3:15 PM** so this can be an increase if you chose the half-day program during the nursery. But rest assured that we still include **nap time** during the two first years in Early Years, to ensure that your child gets the rest they need during the day.

Bilingual program

In Early Years, during the week, your child will receive instruction split evenly between **French and English** with an alternance **per day**, fostering **language development** and **cultural understanding** from an early age. With **native-speaking** teachers guiding them in both languages, children develop a strong foundation for future academic and social success. Please see below an example of a timetable in Petite Section, first year of the Early Years program.



Emploi du temps/Schedule PS A

Fiona & Laurane

	Fiona	Laurane	Fiona	Laurane	Fiona / Laurane
	Lundi / Monday	Mardi / Tuesday	Mercredi / Wednesday	Jeudi / Thursday	Vendredi / Friday
8:00 - 8:15	Arrival	Arrivée	Arrival	Arrivée	Arrival
8:15 - 8:30	Welcoming / Songs	Accueil / Chants	Welcoming / Songs	Accueil / Chants	Welcoming / Songs
8:30 - 8:45	Manipulation Maths	Langage	Manipulation Maths	Langage	Langage
8:45 - 9:00	Motricity B1	Motricité B1	Motricity B1	Musique	Workshops / Choir*
9:00 - 9:15	Snack / Recess	Goûter / Récréation	Snack / Recess	Goûter / Récréation	Snack / Recess
9:15 - 9:30	Vietnamese	Bibliothèque	Vietnamese	Motricité B1	Maths Manipulation
9:30 - 9:45	Language	Manipulation Maths	Language	Manipulation Maths	Rituals
9:45 - 10:00	Rituals	Rituels	Rituals	Rituels	Lunch
10:00 - 10:15	Lunch	Repas	Lunch	Repas	Nap Time / Free Play
10:15 - 10:30	Nap Time	Sieste	Nap Time	Sieste	Dismissal
10:30 - 10:45	Nap Time / Activités	Sieste / Activités	Nap Time / Activités	Sieste / Activités	
10:45 - 11:00	Nap Time / Activités	Sieste / Activités	Nap Time / Activités	Sieste / Activités	
11:00 - 11:15	Nap Time / Activités	Sieste / Activités	Nap Time / Activités	Sieste / Activités	
11:15 - 11:30	Workshops	Ateliers	Workshops	Ateliers	
11:30 - 11:45	Recap of the day	Bilan de la journée	Recap of the day	Bilan de la journée	
11:45 - 12:00	Dismissal	Sortie	Dismissal	Sortie	

Five areas of learning

1) Language Development: Through stories, discussions, and interactive activities in both French and English, your child will expand their vocabulary and communication skills.

2) Artistic Activities: Creativity flourishes through arts and crafts, music, and drama, encouraging self-expression and imagination.

3) Physical Activities and Sports: Children participate in structured physical activities to develop their coordination, balance, and gross motor skills. Sportsmanship and teamwork are core elements of these activities.

4) Introduction to Mathematics: Your child will begin exploring numbers, counting, and basic math concepts through fun, age-appropriate activities and play.

5) Exploring the World: Children will be encouraged to engage with and explore the world around them, from nature walks to hands-on science experiments, sparking their natural curiosity.



Class Structure

In Early Years, classes are **larger** than in the nursery, promoting social interaction and **autonomy** while maintaining small group learning. Your child will continue to benefit from **personalized attention** while being introduced to a broader classroom environment, helping them to grow socially and emotionally.

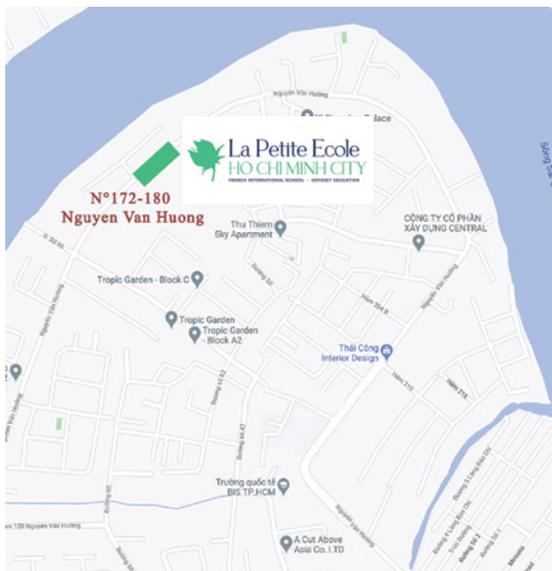
Extracurricular Opportunities

Starting from Early Years, your child can also participate in **extracurricular activities** based on our campus, allowing them to pursue **new interests** or deepen existing **passions** after school time (3:30pm to 4:30pm from Monday to Thursday and 1pm to 3:15pm on Friday). Whether it's dance, sports, or art, there are plenty of opportunities to enrich their learning experience outside of the classroom.



How to find us

La Petite Ecole Ho Chi Minh City
172-180 Nguyen Van Huong,
An Khanh Ward, HCMC



How to register

It is easy!

You can register your child directly online via our website :

www.lpehochiminh.com

For more information or to visit the school, please send us an e-mail at
contact@lpehochiminh.com

La Petite Ecole Ho Chi Minh City is part of the Odyssey Education Group :

